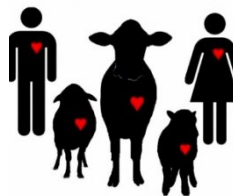


Lunch Menu – January 2019

January 2019	Monday	Tuesday	Wednesday	Thursday	Friday
01.01 - 04.01					
07.01 - 11.01	Indian flat Bread with Mixed Veg Curry Diced Pineapple	Veg pasta in spicy tomato sauce Diced papaya	Mushroom Tofu fried rice Cauliflower Manchurian Diced apple	Sesame Peanut Noodles Stir Fried Vegetables Diced watermelon	Steamed rice with Srilankan lentils Diced Guava
14.01 - 18.01	Tamarind rice with Potato Sautéed Diced Banana	Holiday	Holiday	Barley Minestrone Soup Creamy Pasta Diced Muskmelon	Schezwan Noodles with Sweet Garlic Sauce Diced pineapple
21.01 - 25.01	Cauliflower Fried rice with Chilli Tofu Diced Guava	Sweetcorn soup, Tacos and roasted Potato Wedges Diced watermelon	Mix Vegetable Rice Coconut Peanut Curry Diced Pineapple	Pasta arabiata with greek salad Diced pineapple	Indian bread with green peas potato curry Diced Banana
28.01 - 31.0	Veg hoisin Noodles Manchurian sauce Diced orange	Grilled sandwiches Tomato soup Beans sprout salad Diced watermelon	Roasted ratatouille pasta with mushroom Diced apple	Carrot Pumpkin Soup Spicy Green Salad Vegetable Nuggets Diced Pappaya	



“One to change a few. A few to change many.
Many to change the world. Starts with one.”

